

# Appendix A: California Healthy Youth Act Compliance

California Education Code Sections 51930–51939

**Note to Instructor:** Teen Talk MS ensures full compliance with the California Healthy Youth Act as adopted into California law on January 1, 2016. This curriculum underwent legal compliance reviews in 2016 and 2021. To learn more about the 2021 review, visit: [www.health-connected.org/curriculum](http://www.health-connected.org/curriculum)

Criteria	Description (CA Education Code)	Teen Talk MS Compliance
<p><b><i>If providing any health education in any grade, all public and charter schools/districts in California must follow these guidelines:</i></b></p>		
Age Appropriate	<p>Instruction and materials shall be age appropriate. <b>EC § 51933(a)</b></p> <p>“Age appropriate” refers to topics, messages, and teaching methods suitable to particular ages or age groups of children and adolescents, based on developing cognitive, emotional, and behavioral capacity typical for the age or age group.</p> <p><b>EC § 51931(a)</b></p>	Health Connected’s curriculum series is carefully scaffolded to build critical knowledge and skills at age appropriate levels. Activities in Teen Talk MS are designed for students in <b>grades 7 &amp; 8</b> .
Medically Accurate and Objective	<p>All factual information presented shall be medically accurate and objective.</p> <p><b>EC § 51933(b)</b></p> <p>“Medically accurate” means verified or supported by research conducted in compliance with scientific methods and published in peer-reviewed journals, where appropriate, and recognized as accurate and objective by professional organizations and agencies with expertise in the relevant field, such as the federal Centers for Disease Control and Prevention (CDC), the American Public Health Association (APHA), the American Academy of Pediatrics (AAP), and the American College of Obstetricians and Gynecologists (ACOG).</p> <p><b>EC § 51931(f)</b></p>	Scientific facts and medical information in Teen Talk MS have been properly <b>cited</b> and thoroughly <b>reviewed</b> for accuracy by a team of expert medical professionals, including OB/GYNs, pediatricians, and public health directors.
Appropriate for Diverse Pupils	<p>Instruction and materials shall be appropriate for use with pupils of all races, genders, sexual orientations, and ethnic and cultural backgrounds, pupils with disabilities, and English learners.</p> <p><b>EC § 51933(d)(1)</b></p>	Activities are designed with a trauma-informed lens to be <b>LGBTQ+ inclusive, culturally responsive, healing centered, and flexible</b> for diverse learning needs.

English Learners	<p>Instruction and materials shall be made available on an equal basis to a pupil who is an English learner, consistent with the existing curriculum and alternative options for an English learner pupil as otherwise provided in this code.</p> <p><b>EC § 51933(d)(2)</b></p>	<p>All student- and family-facing documents and presentations have been translated into <b>Spanish</b> (see the accompanying ZIP file).</p>
Youth with Disabilities	<p>Instruction and materials shall be accessible to pupils with disabilities, including, but not limited to, the provision of a modified curriculum, materials and instruction in alternative formats, and auxiliary aids.</p> <p><b>EC § 51933(d)(3)</b></p>	<p>Content from Teen Talk MS has been modified into <b>Teen Talk Adapted for All Abilities</b>, a flexible curriculum designed for students with various developmental and/or learning challenges.</p>
Unbiased Instruction	<p>Instruction and materials shall not reflect bias or promote bias against any person on the basis of disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sexual orientation, or any other any category protected by Section 220.</p> <p><b>EC § 51933(d)(4)</b></p>	<p>Teen Talk MS encourages self-reflection and personal values clarification, while promoting <b>respect</b> and <b>dignity for all</b>.</p>
Sexual Orientation	<p>Instruction and materials shall affirmatively recognize that people have different sexual orientations and, when discussing or providing examples of relationships and couples, shall be inclusive of same-sex relationships.</p> <p><b>EC § 51933(d)(5)</b></p>	<p>Sexual orientation is defined and discussed in <b>Lesson 3</b>:</p> <ul style="list-style-type: none"> <li>• <b>3.2 Gender and Sexuality Galaxies</b></li> <li>• <b>Extra: What I Know About SOGIE</b></li> </ul> <p>Examples of various identities and relationships are included in scenario-based activities:</p> <ul style="list-style-type: none"> <li>• <b>4.1 Exploring Consent</b></li> <li>• <b>Extra: Navigating Choices: Choose-Your-Own-Adventure</b></li> <li>• <b>11.1 What Gives?: Refusal &amp; Rejection</b></li> </ul>
Gender	<p>Instruction and materials shall teach pupils about gender, gender expression, gender identity, and explore the harm of negative gender stereotypes.</p> <p><b>EC § 51933(d)(6)</b></p>	<p>Gender identity and expression are defined and discussed in <b>Lesson 3</b>:</p> <ul style="list-style-type: none"> <li>• <b>3.2 Gender &amp; Sexuality Galaxies</b></li> <li>• <b>Extra: What I Know About SOGIE</b></li> <li>• <b>Extra: “A Place in the Middle” – Film &amp; Discussion</b></li> </ul> <p>Critical thinking about gender stereotypes and social norms is encouraged throughout the curriculum, including:</p>

		<ul style="list-style-type: none"> <li>• <b>1.4 Think About It: Clarifying Values</b></li> <li>• <b>8.1 My Body, My Boundaries</b></li> <li>• <b>10.1 A Critical Lens: Analyzing Media</b></li> <li>• <b>10.2 Body Image Inventory</b></li> </ul>
Communication with Parents, Guardians, Trusted Adults	<p>Instruction and materials shall encourage a pupil to communicate with his or her parents, guardians, and other trusted adults about human sexuality and provide the knowledge and skills necessary to do so.</p> <p><b>EC § 51933(e)</b></p>	<p>Trusted adult communication is emphasized in <b>Lesson 1</b> and facilitated using <b>1.6 Bay in the Day</b>. It is also strongly encouraged throughout Teen Talk MS, including:</p> <ul style="list-style-type: none"> <li>• <b>2.1 Sexual &amp; Reproductive Systems</b></li> <li>• <b>5.1 Birth Control Basics</b></li> <li>• <b>6.1 Pregnancy Options Flowchart</b></li> <li>• <b>8.1 My Body My Boundaries</b></li> <li>• <b>8.2 Frankie's Story</b></li> <li>• <b>9.1 Love is Learned</b></li> <li>• <b>9.2 Relationship Spectrum</b></li> <li>• <b>12.1 Picturing My Future</b></li> </ul>
Committed Relationships	<p>Instruction and materials shall teach the value of and prepare pupils to have and maintain committed relationships such as marriage.</p> <p><b>EC § 51933(f)</b></p>	<p>Information about committed relationships and the value of open communication with partners is emphasized throughout Teen Talk MS as a protective factor against STIs and/or unintended pregnancy:</p> <ul style="list-style-type: none"> <li>• <b>1.4 Think About It: Clarifying Values</b></li> <li>• <b>4.2 Sexual Behaviors Tree</b></li> <li>• <b>7.1 All About STIs</b></li> <li>• <b>Extra: Navigating Choices: Choose-Your-Own-Adventure</b></li> <li>• <b>9.1 Love is Learned</b></li> <li>• <b>9.2 Relationship Spectrum</b></li> </ul>
Healthy Relationships	<p>Instruction and materials shall provide pupils with knowledge and skills they need to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation.</p> <p><b>EC § 51933(g)</b></p>	<p>Information about healthy relationships and the importance of affirmative consent is emphasized throughout Teen Talk MS as a protective factor against sexual and intimate partner violence:</p> <ul style="list-style-type: none"> <li>• <b>4.1 Exploring Consent</b></li> </ul>

		<ul style="list-style-type: none"> <li>• 4.2 Sexual Behaviors Tree</li> <li>• <b>Extra: Navigating Choices: Choose-Your-Own-Adventure</b></li> <li>• 8.1 My Body, My Boundaries</li> <li>• 8.2 Frankie's Story</li> <li>• 9.1 Love is Learned</li> <li>• 9.2 Relationship Spectrum</li> <li>• 11.1 What Gives? Refusal &amp; Rejection</li> <li>• 11.2 Dealing with Pressure</li> </ul>
Healthy Decision Making	<p>Instruction and materials shall provide pupils with knowledge and skills for making and implementing healthy decisions about sexuality, including negotiation and refusal skills to assist pupils in overcoming peer pressure and using effective decision-making skills to avoid high-risk activities.</p> <p><b>EC § 51933(h)</b></p>	<p>Decision-making and communication skills are practiced in <b>Lesson 4</b> and <b>Lesson 11</b>.</p> <p>Information needed to make informed decisions about sexual health and relationships is provided throughout Teen Talk MS:</p> <ul style="list-style-type: none"> <li>• 1.5 Clinics &amp; Resources</li> <li>• 5.1 Birth Control Basics</li> <li>• 6.1 Pregnancy Options Flowchart</li> <li>• 7.1 All About STIs</li> <li>• 7.2 Condom Demonstrations</li> <li>• <b>Extra: Navigating Choices: Choose-Your-Own-Adventure</b></li> <li>• 8.1 My Body, My Boundaries</li> <li>• 8.2 Frankie's Story</li> <li>• 9.1 Love is Learned</li> </ul>
Menstrual Health	<p>Instruction and materials shall teach pupils about the menstrual cycle, premenstrual syndrome and pain management, menstrual hygiene management, menstrual disorders, menstrual irregularities, menopause, menstrual stigma, and any other relevant topics related to the menstrual cycle.</p> <p><b>EC § 51933(i)</b></p> <p>"Menstrual health" means a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity, in relation to the menstrual cycle.</p> <p><b>EC § 51931(g)</b></p>	<p>Menstrual health and related topics are discussed in <b>Lesson 2</b>:</p> <ul style="list-style-type: none"> <li>• 2.1 Sexual &amp; Reproductive Systems</li> <li>• <b>Extra: Menstruation Matters</b></li> </ul> <p>Information about using hormonal birth control to manage periods and related symptoms is provided in <b>5.1 Birth Control Basics</b>.</p>
Religious Doctrine	<p>Instruction and materials may not teach or promote religious doctrine.</p> <p><b>EC § 51933(i)</b></p>	<p>Religion is mentioned as one of many factors that may influence personal values and decision-making throughout Teen Talk MS.</p>

***The following content areas must be taught at least once in middle school (grades 7–8) and again at least once in high school (grades 9–12):***

Nature of HIV and other STIs	<p>Information on the nature of HIV, as well as other sexually transmitted infections, and their effects on the human body.</p> <p><b>EC § 51934(a)(1)</b></p>	<p>This information is provided in <b>Lesson 7</b>:</p> <ul style="list-style-type: none"> <li>• <b>7.1 All About STIs</b></li> <li>• <b>Extra: STI Crossword</b></li> <li>• <b>Extra: Navigating Choices: Choose-Your-Own-Adventure</b></li> <li>• <b>Extra: Quick Facts About HIV</b></li> <li>• <b>Extra: ABCs of Viral Hepatitis</b></li> </ul>
Transmission of HIV and other STIs	<p>Information on the manner in which HIV and other sexually transmitted infections are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use.</p> <p><b>EC § 51934(a)(2)</b></p>	<p>This information is provided in <b>Lesson 7</b>:</p> <ul style="list-style-type: none"> <li>• <b>7.1 All About STIs</b></li> <li>• <b>Extra: STI Crossword</b></li> <li>• <b>Extra: Navigating Choices: Choose-Your-Own-Adventure</b></li> <li>• <b>Extra: Quick Facts About HIV</b></li> <li>• <b>Extra: ABCs of Viral Hepatitis</b></li> </ul>
Abstinence from Sexual Activity and Drug Use	<p>Information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other sexually transmitted infections and abstinence from sexual intercourse is the only certain way to prevent unintended pregnancy. This instruction shall provide information about the value of delaying sexual activity while also providing medically accurate information on other methods of preventing HIV and other sexually transmitted infections and pregnancy.</p> <p><b>EC § 51934(a)(3)</b></p>	<p>This information is emphasized throughout Teen Talk MS:</p> <ul style="list-style-type: none"> <li>• <b>4.2 Sexual Behaviors Tree</b></li> <li>• <b>5.1 Birth Control Basics</b></li> <li>• <b>7.1 All About STIs</b></li> <li>• <b>Extra: Navigating Choices: Choose-Your-Own-Adventure</b></li> <li>• <b>Extra: Quick Facts About HIV</b></li> <li>• <b>Extra: ABCs of Viral Hepatitis</b></li> </ul>
Methods of Protection Against HIV and other STIs	<p>Information about the effectiveness and safety of all federal Food and Drug Administration (FDA) approved methods that prevent or reduce the risk of contracting HIV and other sexually transmitted infections, including use of antiretroviral medication, consistent with the federal Centers for Disease Control and Prevention (CDC).</p> <p><b>EC § 51934(a)(4)</b></p>	<p>This information is provided in <b>Lesson 7</b>:</p> <ul style="list-style-type: none"> <li>• <b>7.1 All About STIs</b></li> <li>• <b>7.2 Condom Demonstrations</b></li> <li>• <b>Extra: STI Crossword</b></li> <li>• <b>Extra: Navigating Choices: Choose-Your-Own-Adventure</b></li> <li>• <b>Extra: Condom Steps Relay</b></li> <li>• <b>Extra: Quick Facts About HIV</b></li> <li>• <b>Extra: ABCs of Viral Hepatitis</b></li> </ul>

HIV Risk Reduction	<p>Information about the effectiveness and safety of reducing the risk of HIV transmission as a result of injection drug use by decreasing needle use and needle sharing.</p> <p><b>EC § 51934(a)(5)</b></p>	<p>This information is provided in <b>Lesson 7</b>:</p> <ul style="list-style-type: none"> <li>• <b>7.1 All About STIs</b></li> <li>• <b>Extra: Quick Facts About HIV</b></li> <li>• <b>Extra: ABCs of Viral Hepatitis</b></li> </ul>
Treatment of HIV and other STIs	<p>Information about the treatment of HIV and other sexually transmitted infections, including how antiretroviral therapy can dramatically prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others.</p> <p><b>EC § 51934(a)(6)</b></p>	<p>This information is provided in <b>Lesson 7</b>:</p> <ul style="list-style-type: none"> <li>• <b>7.1 All About STIs</b></li> <li>• <b>Extra: Navigating Choices: Choose-Your-Own-Adventure</b></li> <li>• <b>Extra: Quick Facts About HIV</b></li> <li>• <b>Extra: ABCs of Viral Hepatitis</b></li> </ul>
Social Views About HIV and AIDS	<p>Discussion about social views on HIV and AIDS, including addressing unfounded stereotypes and myths regarding HIV and AIDS and people living with HIV. This instruction shall emphasize that successfully treated HIV-positive individuals have a normal life expectancy, all people are at some risk of contracting HIV, and the only way to know if one is HIV-positive is to get tested.</p> <p><b>EC § 51934(a)(7)</b></p>	<p>This information is provided in <b>Lesson 7</b>:</p> <ul style="list-style-type: none"> <li>• <b>7.1 All About STIs</b></li> <li>• <b>Extra: Navigating Choices: Choose-Your-Own-Adventure</b></li> <li>• <b>Extra: Quick Facts About HIV</b></li> </ul>
Resources and Rights to Sexual and Reproductive Health Care Access	<p>Information about local resources, how to access local resources, and pupils' legal rights to access local resources for sexual and reproductive health care such as testing and medical care for HIV and other sexually transmitted infections and pregnancy prevention and care, as well as local resources for assistance with sexual assault and intimate partner violence.</p> <p><b>EC § 51934(a)(8)</b></p>	<p>This information is provided in <b>1.5 Clinics &amp; Resources</b></p> <p>Resources are also provided throughout lessons, including:</p> <ul style="list-style-type: none"> <li>• <b>6.1 Pregnancy Options Flowchart</b></li> <li>• <b>Extra: Quick Facts About HIV</b></li> <li>• <b>8.1 My Body, My Boundaries</b></li> <li>• <b>9.1 Love is Learned</b></li> </ul>
FDA Approved Contraceptive Methods	<p>Information about the effectiveness and safety of all FDA-approved contraceptive methods in preventing pregnancy, including, but not limited to, emergency contraception.</p> <p><b>EC § 51934(a)(9)</b></p>	<p>This information is provided in <b>Lesson 5</b>:</p> <ul style="list-style-type: none"> <li>• <b>5.1 Birth Control Basics</b></li> <li>• <b>Extra: Birth Control "Pop-Up" Quiz</b></li> </ul>
Legally Available Pregnancy Outcomes	<p>Instruction on pregnancy shall include an objective discussion of all legally available pregnancy outcomes, including, but not limited to:</p> <p>(A) Parenting, adoption, and abortion.</p>	<p>This information is provided in <b>Lesson 6</b>:</p> <ul style="list-style-type: none"> <li>• <b>6.1 Pregnancy Options Flowchart</b></li> <li>• <b>Extra: Pregnancy Puzzles</b></li> </ul>

	<p>(B) Information on the law on surrendering physical custody of a minor child 72 hours of age or younger. <b>HSC § 1255.7</b> [Also refer to <b>PC § 271.5</b>]</p> <p>(C) The importance of prenatal care.</p> <p><b>EC § 51934(a)(9)</b></p>	<p>The importance of prenatal care is also introduced in <b>2.2 Human Reproduction</b>.</p>
Harassment, Assault, Abuse, and Trafficking	<p>Information about sexual harassment, sexual assault, sexual abuse, and human trafficking.</p> <p><b>EC § 51934(a)(10)</b></p>	<p>Sexual harassment, sexual assault, and human trafficking are defined in <b>8.1 My Body, My Boundaries</b> and sexual abuse is further explained in <b>9.1 Love is Learned</b>.</p> <p>This information is also illustrated using scenarios:</p> <ul style="list-style-type: none"> <li>• <b>8.2 Frankie's Story</b></li> <li>• <b>9.2 Relationship Spectrum</b></li> </ul>
Human Trafficking	<p>Information on human trafficking shall include both of the following:</p> <p>(A) Information on the prevalence, nature, and strategies to reduce the risk of human trafficking, techniques to set healthy boundaries, and how to safely seek assistance.</p> <p>(B) Information on how social media and mobile device applications are used for human trafficking.</p> <p><b>EC § 51934(a)(10)</b></p>	<p>Human trafficking information, resources, and harm reduction strategies are provided in <b>Lesson 8</b>:</p> <ul style="list-style-type: none"> <li>• <b>8.1 My Body, My Boundaries</b></li> <li>• <b>8.2 Frankie's Story</b></li> </ul>
Intimate Partner Violence	<p>Information about adolescent relationship abuse and intimate partner violence, including the early warning signs thereof, and information about the resources available to pupils related to adolescent relationship abuse and intimate partner violence, including the National Domestic Violence Hotline and local domestic violence hotlines.</p> <p><b>EC § 51934(a)(11)</b></p>	<p>This information is provided in <b>Lesson 9</b>:</p> <ul style="list-style-type: none"> <li>• <b>9.1 Love is Learned</b></li> <li>• <b>9.2 Relationship Spectrum</b></li> </ul>
Sharing Sexually Explicit Materials	<p><b>Optional:</b> Instruction regarding the potential risks and consequences of creating and sharing sexually suggestive or sexually explicit materials through cellular telephone, social networking internet websites, computer networks, or other digital media.</p> <p><b>EC § 51934(b)</b></p>	<p>This information is provided in:</p> <ul style="list-style-type: none"> <li>• <b>8.1 My Body, My Boundaries</b></li> <li>• <b>8.2 Frankie's Story</b></li> <li>• <b>9.2 Relationship Spectrum</b></li> </ul>

Right to Obtain Confidential Services	Notify pupils in grades 7-12 inclusive and the parents and guardians of all pupils enrolled in the district, that school authorities may excuse any pupil from school for the purpose of obtaining confidential medical services without the consent of the pupil's parent or guardian. <b>EC § 51934(a)(8), EC § 46010.1</b>	Confidential medical release is explained in <b>1.5 Clinics &amp; Resources</b> .
Resources and Rights for LGBTQ pupils	Information on existing school site and community resources related to the support of lesbian, gay, bisexual, transgender, and questioning (LGBTQ) pupils must be provided. <b>EC § 51934(a)(8), EC § 234.1(d)</b>	LGBTQ+ resources are provided in <b>1.5 Clinics &amp; Resource</b>