Appendix A: California Healthy Youth Act Compliance

California Education Code Sections 51930–51939

Note to Instructor: Teen Talk HS ensures full compliance with the California Healthy Youth Act as adopted into California law on January 1, 2016. This curriculum underwent legal compliance reviews in 2016 and 2021. To learn more about the latest review, visit: **health-connected.org/curriculum**

Criteria	Description (CA Education Code)	Teen Talk HS Compliance
If providing any health education in any grade, all public and charter schools/districts in California must follow these guidelines:		
Age Appropriate	Instruction and materials shall be age appropriate. **EC § 51933(a)** "Age appropriate" refers to topics, messages, and teaching methods suitable to particular ages or age groups of children and adolescents, based on developing cognitive, emotional, and behavioral capacity typical for the age or age group. **EC § 51931(a)**	Health Connected's curriculum series is carefully scaffolded to build critical knowledge and skills at age appropriate levels. Activities in Teen Talk HS are designed for students in **grades 9-12.**
Medically Accurate and Objective	All factual information presented shall be medically accurate and objective. **EC § 51933(b)** "Medically accurate" means verified or supported by research conducted in compliance with scientific methods and published in peer-reviewed journals, where appropriate, and recognized as accurate and objective by professional organizations and agencies with expertise in the relevant field, such as the federal Centers for Disease Control and Prevention (CDC), the American Public Health Association (APHA), the American Academy of Pediatrics (AAP), and the American College of Obstetricians and Gynecologists (ACOG). **EC § 51931(f)**	Scientific facts and medical information in Teen Talk HS have been properly **cited** and thoroughly **reviewed** for accuracy by a team of expert medical professionals, including OB/GYNs, pediatricians, and public health directors.
Appropriate for Diverse Pupils	Instruction and materials shall be appropriate for use with pupils of all races, genders, sexual orientations, and ethnic and cultural backgrounds, pupils with disabilities, and English learners. **EC § 51933(d)(1)**	Activities are designed with a trauma-informed lens to be **LGBTQ+ inclusive**, **culturally responsive**, **healing centered**, and **flexible** for diverse learning needs.

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English Learners	Instruction and materials shall be made available on an equal basis to a pupil who is an English learner, consistent with the existing curriculum and alternative options for an English learner pupil as otherwise provided in this code. **EC § 51933(d)(2)**	All student- and family-facing documents and presentations have been translated into **Spanish** *(see the accompanying ZIP file)*.
Youth with Disabilities	Instruction and materials shall be accessible to pupils with disabilities, including, but not limited to, the provision of a modified curriculum, materials and instruction in alternative formats, and auxiliary aids. **EC § 51933(d)(3)**	Content from Teen Talk HS has been modified into **Teen Talk Adapted for All Abilities**, a flexible curriculum designed for students with various developmental and/or learning challenges.
Unbiased Instruction	Instruction and materials shall not reflect bias or promote bias against any person on the basis of disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sexual orientation, or any other any category protected by Section 220. **EC § 51933(d)(4)**	Teen Talk HS encourages self-reflection and personal values clarification, while promoting **respect** and **dignity for all.**
Sexual Orientation	Instruction and materials shall affirmatively recognize that people have different sexual orientations and, when discussing or providing examples of relationships and couples, shall be inclusive of same-sex relationships. **EC § 51933(d)(5)**	Sexual orientation is defined and discussed in **Lesson 3**: • **3.2 Gender & Sexual Identities** • ***Extra:* "The Gender Tag" – TEDx Talk & Discussion** Examples of various identities and relationships are included in scenario-based activities: • ***Extra:* It Depends on the Situation** • ***Extra:* Exploring Their Options** • **9.2 Brenton's Story** • ***Extra:* Relationship Realities** • ***Extra:* We Interrupt This Relationship** • **11.1 What Gives?: Refusal & Rejection Skills** • ***Extra:* Dear Dr. Lupe** • ***Extra:* Talk It Out**
Gender	Instruction and materials shall teach pupils about gender, gender expression, gender identity, and explore the harm of negative gender stereotypes. **EC § 51933(d)(6)**	Gender identity and expression are defined and discussed in **3.2 Gender & Sexual Identities**

Gender	Instruction and materials shall teach pupils about gender, gender expression, gender identity, and explore the harm of negative gender stereotypes. **EC § 51933(d)(6)**	Critical thinking about gender stereotypes and social norms is encouraged throughout the curriculum, including: • **3.1 Identity Iceberg** • ***Extra:* "The Gender Tag" – TEDx Talk & Discussion** • ***Extra:* Zoe and Leo's Story** • **10.1 Behind the Scenes** • **10.2 Affirmation Creations** • ***Extra:* Sex, Love, Rock & Roll** • ***Extra:* Porn Puzzles** • ***Extra:* Dear Dr. Lupe**
Communication with Parents, Guardians, Trusted Adults	Instruction and materials shall encourage a pupil to communicate with his or her parents, guardians, and other trusted adults about human sexuality and provide the knowledge and skills necessary to do so. **EC § 51933(e)**	Trusted adult communication is emphasized in **Lesson 1** and facilitated using **1.6 Let's Talk.** It is also strongly encouraged throughout Teen Talk HS, including: • **6.1 Pregnancy Options Flowchart** • **7.1 STI Mystery Diagnosis** • **8.1 Our Sexual Bill of Rights** • **9.1 Love is Learned** • ***Extra:* Dear Dr. Lupe**
Committed Relationships	Instruction and materials shall teach the value of and prepare pupils to have and maintain committed relationships such as marriage. **EC § 51933(f)**	Information about committed relationships and the value of open communication with partners is emphasized throughout Teen Talk HS as a protective factor against STIs and/or unintended pregnancy: • **1.4 Think About It: Clarifying Values** • **4.2 Intimate Behaviors** • ***Extra:* It Depends on the Situation** • ***Extra:* Exploring Their Options** • **7.1 STI Mystery Diagnosis** • ***Extra:* Dear Dr. Lupe** • ***Extra:* Talk It Out**

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Healthy Relationships	Instruction and materials shall provide pupils with knowledge and skills they need to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation. **EC § 51933(g)**	Information about healthy relationships and the importance of affirmative consent is emphasized throughout Teen Talk HS as a protective factor against sexual and intimate partner violence: • **1.4 Think About It: Clarifying Values** • **4.1 Comprehending Consent** • **4.2 Intimate Behaviors** • **8.1 Our Sexual Bill of Rights** • ***Extra:* Zoe and Leo's Story** • **9.1 Love is Learned** • ***Extra:* Relationship Realities** • ***Extra:* We Interrupt This Relationship** • **11.1 What Gives?: Refusal & Rejection Skills**
Healthy Decision Making	Instruction and materials shall provide pupils with knowledge and skills for making and implementing healthy decisions about sexuality, including negotiation and refusal skills to assist pupils in overcoming peer pressure and using effective decision-making skills to avoid high-risk activities. **EC § 51933(h)**	Decision-making and communication skills are practiced in **Lesson 4** and **Lesson 11.** Information needed to make informed decisions about sexual health and relationships is provided throughout Teen Talk HS: • **5.1 Birth Control Stations** • **6.1 Pregnancy Options Flowchart** • ***Extra:* All About STIs** • **7.3 Condom Demonstrations** • **8.1 Our Sexual Bill of Rights** • **9.1 Love is Learned**
Menstrual Health	Instruction and materials shall teach pupils about the menstrual cycle, premenstrual syndrome and pain management, menstrual hygiene management, menstrual disorders, menstrual irregularities, menopause, menstrual stigma, and any other relevant topics related to the menstrual cycle. **EC § 51933(i)** "Menstrual health" means a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity, in relation to the menstrual cycle. **EC § 51931(g)**	Menstrual health and related topics are discussed in **Lesson 2:** • **2.1 Sexual & Reproductive Systems** • **2.2 Menstruation Matters** Information about using hormonal birth control to manage periods and related symptoms is provided in **5.1 Birth Control Stations.**

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Religious Doctrine	Instruction and materials may not teach or promote religious doctrine. **EC § 51933(i)**	Religion is mentioned as one of many factors that may influence personal values and decision-making throughout Teen Talk HS.
The following content areas must be taught at least once in middle school (grades 7–8) and again at least once in high school (grades 9–12):		
Nature of HIV and other STIs	Information on the nature of HIV, as well as other sexually transmitted infections, and their effects on the human body. **EC § 51934(a)(1)**	This information is provided in **Lesson 7:** • **7.1 STI Mystery Diagnosis** • **7.2 Quick Facts About HIV** • ***Extra:* All About STIs** • ***Extra:* "HIV: The Neglected Pandemic" – Documentary & Discussion** • ***Extra:* ABCs of Viral Hepatitis**
Transmission of HIV and other STIs	Information on the manner in which HIV and other sexually transmitted infections are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use. **EC § 51934(a)(2)**	This information is provided in **Lesson 7:** • **7.1 STI Mystery Diagnosis** • **7.2 Quick Facts About HIV** • ***Extra:* All About STIs** • ***Extra:* ABCs of Viral Hepatitis**
Abstinence from Sexual Activity and Drug Use	Information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other sexually transmitted infections and abstinence from sexual intercourse is the only certain way to prevent unintended pregnancy. This instruction shall provide information about the value of delaying sexual activity while also providing medically accurate information on other methods of preventing HIV and other sexually transmitted infections and pregnancy. **EC § 51934(a)(3)**	This information is emphasized throughout Teen Talk HS: • **4.2 Intimate Behaviors** • **5.1 Birth Control Stations** • **7.1 STI Mystery Diagnosis** • **7.2 Quick Facts About HIV** • ***Extra:* All About STIs**
Methods of Protection Against HIV and other STIs	Information about the effectiveness and safety of all federal Food and Drug Administration (FDA) approved methods that prevent or reduce the risk of contracting HIV and other sexually transmitted infections, including use of antiretroviral medication, consistent with the federal Centers for Disease Control and Prevention (CDC). **EC § 51934(a)(4)**	This information is provided in **Lesson 7:** • **7.1 STI Mystery Diagnosis** • **7.2 Quick Facts About HIV** • **7.3 Condom Demonstrations** • ***Extra:* All About STIs** • ***Extra:* "HIV: The Neglected Pandemic" – Documentary & Discussion**

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HIV Risk Reduction	Information about the effectiveness and safety of reducing the risk of HIV transmission as a result of injection drug use by decreasing needle use and needle sharing. **EC § 51934(a)(5)**	This information is provided in **Lesson 7:** • **7.1 STI Mystery Diagnosis** • **7.2 Quick Facts About HIV** • ***Extra:* All About STIs**
Treatment of HIV and other STIs	Information about the treatment of HIV and other sexually transmitted infections, including how antiretroviral therapy can dramatically prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others. **EC § 51934(a)(6)**	This information is provided in **Lesson 7:** • **7.1 STI Mystery Diagnosis** • **7.2 Quick Facts About HIV** • ***Extra:* All About STIs** • ***Extra:* "HIV: The Neglected Pandemic" – Documentary & Discussion** • ***Extra:* ABCs of Viral Hepatitis**
Social Views About HIV and AIDS	Discussion about social views on HIV and AIDS, including addressing unfounded stereotypes and myths regarding HIV and AIDS and people living with HIV. This instruction shall emphasize that successfully treated HIV-positive individuals have a normal life expectancy, all people are at some risk of contracting HIV, and the only way to know if one is HIV-positive is to get tested. **EC § 51934(a)(7)**	This information is provided in **Lesson 7:** • **7.1 STI Mystery Diagnosis** • **7.2 Quick Facts About HIV** • ***Extra:* All About STIs** • ***Extra:* "HIV: The Neglected Pandemic" – Documentary & Discussion**
Resources and Rights to Sexual and Reproductive Health Care Access	Information about local resources, how to access local resources, and pupils' legal rights to access local resources for sexual and reproductive health care such as testing and medical care for HIV and other sexually transmitted infections and pregnancy prevention and care, as well as local resources for assistance with sexual assault and intimate partner violence. **EC § 51934(a)(8)**	This information is provided in **1.5 Clinics and Resources** Resources are also provided throughout lessons, including: • **6.1 Pregnancy Options Flowchart** • **7.2 Quick Facts About HIV** • **8.1 Our Sexual Bill of Rights** • **9.2 Brenton's Story**
FDA Approved Contraceptive Methods	Information about the effectiveness and safety of all FDA-approved contraceptive methods in preventing pregnancy, including, but not limited to, emergency contraception. **EC § 51934(a)(9)**	This information is provided in **Lesson 5:** • **5.1 Birth Control Stations** • ***Extra:* Birth Control Ads** • ***Extra:* Birth Control Skits**

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Legally Available Pregnancy Outcomes	Instruction on pregnancy shall include an objective discussion of all legally available pregnancy outcomes, including, but not limited to: (A) Parenting, adoption, and abortion. (B) Information on the law on surrendering physical custody of a minor child 72 hours of age or younger. **HSC § 1255.7** [Also refer to **PC § 271.5**] (C) The importance of prenatal care. **EC § 51934(a)(9)**	This information is provided in **Lesson 6:** • **6.1 Pregnancy Options Flowchart** • ***Extra:* Exploring Their Options** The importance of prenatal care is also introduced in **2.2 Human Reproduction.**
Harassment, Assault, Abuse, and Trafficking	Information about sexual harassment, sexual assault, sexual abuse, and human trafficking. **EC § 51934(a)(10)**	Sexual harassment, sexual assault, and human trafficking are defined in **8.1 Our Sexual Bill of Rights** and sexual abuse is further explained in **9.1 Love is Learned.** This information is also illustrated using scenarios: • **8.2 Cam's Story** • ***Extra:* Zoe and Leo's Story** • **9.2 Brenton's Story** • ***Extra:* Relationship Realities** • ***Extra:* We Interrupt This Relationship** • ***Extra:* Dear Dr. Lupe**
Human Trafficking	Information on human trafficking shall include both of the following: (A) Information on the prevalence, nature, and strategies to reduce the risk of human trafficking, techniques to set healthy boundaries, and how to safely seek assistance. (B) Information on how social media and mobile device applications are used for human trafficking. **EC § 51934(a)(10)**	Human trafficking information, resources, and harm reduction strategies are provided in **Lesson 8:** • **8.1 Our Sexual Bill of Rights** • **8.2 Cam's Story**
Intimate Partner Violence	Information about adolescent relationship abuse and intimate partner violence, including the early warning signs thereof, and information about the resources available to pupils related to adolescent relationship abuse and intimate partner violence, including the National Domestic Violence Hotline and local domestic violence hotlines. **EC § 51934(a)(11)**	This information is provided in **Lesson 9:** • **9.1 Love is Learned** • **9.2 Brenton's Story** • ***Extra:* Relationships Realities** • ***Extra:* We Interrupt This Relationship** • ***Extra:* Dear Dr. Lupe**

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Sharing Sexually Explicit Materials	**<u>Optional</u>:** Instruction regarding the potential risks and consequences of creating and sharing sexually suggestive or sexually explicit materials through cellular telephone, social networking internet websites, computer networks, or other digital media. **EC § 51934(b)**	This information is provided in: • **1.4 Think About It: Clarifying Values** • **4.2 Intimate Behaviors** • **8.1 Our Sexual Bill of Rights** • ***Extra:* Porn Puzzles** • **11.1 What Gives?: Refusal & Rejection Skills** • ***Extra:* Dear Dr. Lupe**
Right to Obtain Confidential Services	Notify pupils in grades 7-12 inclusive and the parents and guardians of all pupils enrolled in the district, that school authorities may excuse any pupil from school for the purpose of obtaining confidential medical services without the consent of the pupil's parent or guardian. **EC § 51934(a)(8), EC § 46010.1**	Confidential medial release is explained in **1.5 Clinics and Resources.**
Resources and Rights for LGBTQ pupils	Information on existing school site and community resources related to the support of lesbian, gay, bisexual, transgender, and questioning (LGBTQ) pupils must be provided. **EC § 51934(a)(8), EC § 234.1(d)**	LGBTQ+ resources are provided in **1.5 Clinics and Resource**
Affirmative Consent	Comprehensive information for grades 9-12, inclusive, on sexual harassment and violence that includes but is not limited to all of the following: a discussion of the affirmative consent standard, as defined in **EC § 51933(g), EC § 33544(a)(2), EC § 67386(a)(1)**	Affirmative consent is defined and discussed in: • **4.1 Comprehending Consent** • **8.1 Our Sexual Bill of Rights** • ***Extra:* Zoe and Leo's Story**

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